

# RATE CARD

You have the opportunity to hold AIA Vitality health and wellbeing initiatives onsite at your workplace. These can help your employees engage in the program and earn AIA Vitality Points. If you're interested, please email us at [corporatesupport@aiavitality.com.au](mailto:corporatesupport@aiavitality.com.au).

Activity	Vitality Points Available	Service Provider	Description	Fee* (Excl GST & Excl travel time)	Available Service Locations
AIA Vitality Health Check	Up to 7,000	Sigma	A pharmacist/ nurse measures: <ul style="list-style-type: none"> <li>• Blood Pressure</li> <li>• Body Mass Index (BMI)</li> <li>• Blood Cholesterol</li> <li>• Blood Glucose</li> <li>• Waist circumference</li> </ul> 15-minute consultations	~\$1,125 - \$1,250 per day (8 hours)	National
		Vitality Works		~\$1,125 - \$1,250 per day (8 hours)	National
AIA Vitality Nutrition Assessment	Up to 1,000	Marika Day	A Dietitian provides nutrition consultations virtually or in person. The session includes an assessment of current eating habits and advice on where and how improvements may be made.	~\$430 - \$550 per session	National
AIA Vitality Fitness Assessment	Up to 3,000	Fitness First	A personal trainer measures: <ul style="list-style-type: none"> <li>• Cardiovascular fitness</li> <li>• Body mass index</li> <li>• Blood pressure</li> </ul>	\$90 per hour	National
		Goodlife		\$85 per hour	National
		Virgin Active		\$66 per hour	NSW & VIC
Flu vaccinations	1,000	TerryWhite Chemmart	A clinician administers the annual Flu Vaccination	~\$20.95 per vaccination (administered in pharmacy) Additional costs may apply for on-site services.	National
		Sigma		~\$22 per vaccination	National

\* Prices are indicative and will be confirmed on booking

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<b>Skin Cancer Detection Checks</b>  (Valued at \$199)	TBA	MoleMap	<b>Each 20 min skin check includes:</b> <ul style="list-style-type: none"> <li>• A thorough head-to-toe skin check by a skilled Melanographer</li> <li>• Under the skin imaging of suspicious moles to detect cancer early</li> <li>• Dermatologist diagnosis of suspicious or high-risk moles</li> <li>• A full Dermatologist's report outlining the next steps, if needed</li> <li>• Friendly advice on skin cancer protection and prevention.</li> </ul>	~\$2,500/day (up to 20 x checks per day).  No additional travel fees if located within 60km of a MoleMap clinic.  Voucher programs also available at \$125pp per Skin Check Voucher. Available for redemption at any eligible MoleMap clinic, Australia wide.	National

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