

AIA VITALITY STARTER PROGRAM



May 2024

Our award-winning health and wellbeing program. AIA Vitality's proven approach takes you on a journey to better health – where you get to know your health, improve it and enjoy the rewards for doing so.

AIA Vitality members earn AIA Vitality Points through a number of health and fitness related activities. These can include a physical activity target, or a health, nutrition or fitness assessment.

As a new member, you start on a Bronze Status and work your way up by completing activities. The more points you earn the higher your status and the bigger the rewards.

Know your health

WITH OUR PARTNERS

Improve your health

WITH OUR PARTNERS

Enjoy the rewards

WITH OUR PARTNERS

Partner benefits

Know your health

<ul style="list-style-type: none"> TerryWhite Chemmart Amcal Pharmacy 	Free AIA Vitality Health Check
<ul style="list-style-type: none"> AIA Vitality 	Online assessments (AIA Vitality Age Assessment and Financial Wellbeing Assessment)
<ul style="list-style-type: none"> Virgin Active Fitness First Goodlife Health Clubs 	Fitness Assessments

Improve your health

Physical health		
<ul style="list-style-type: none"> Virgin Active Fitness First 	<ul style="list-style-type: none"> Goodlife Health Clubs 	30% off gym memberships
<ul style="list-style-type: none"> Garmin 		Up to 25% off
<ul style="list-style-type: none"> Allen Carr's Easyway To Quit Smoking 		Free
<ul style="list-style-type: none"> Dietitians Australia 		70% off nutrition consultation
Mental Wellbeing Benefit		
<ul style="list-style-type: none"> Groov Moodflx Togetherall 		Free

Enjoy the rewards

<ul style="list-style-type: none"> Virgin Australia and international alliance partners 	Up to 30% cashback on the base fare of eligible flights. Includes selected Qatar and United Airlines international flights.	
Active Benefits		
<ul style="list-style-type: none"> Woolworths Uber Uber Eats iTunes and Apple Store 	<ul style="list-style-type: none"> Google Play Participating AFL clubs* 	\$5 reward voucher
<ul style="list-style-type: none"> Black Dog Institute Cancer Council Diabetes Australia National Breast Cancer Foundation Forktree Project 	<ul style="list-style-type: none"> Baker Heart & Diabetes Institute Ovarian Cancer Research Foundation 	\$5 donation
<ul style="list-style-type: none"> Commonwealth Bank 		\$5 deposit

* Collingwood and St Kilda

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