AIA VITALITY STARTER PROGRAM

May 2024



Our award-winning health and wellbeing program.

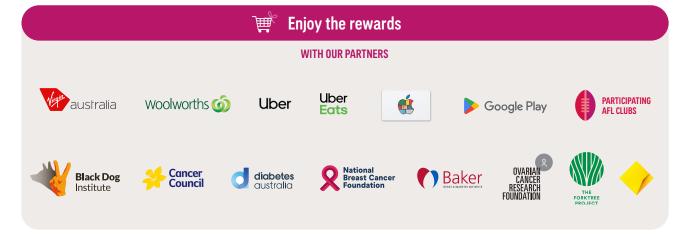
AIA Vitality's proven approach takes you on a journey to better health – where you get to know your health, improve it and enjoy the rewards for doing so.

AIA Vitality members earn AIA Vitality Points through a number of health and fitness related activities. These can include a physical activity target, or a health, nutrition or fitness assessment.

As a new member, you start on a Bronze Status and work your way up by completing activities. The more points you earn the higher your status and the bigger the rewards.







aiavitality.com.au PAGE 1

Partner benefits

Know your health

• TerryWhite Chemmart • Amcal Pharmacy	Free AIA Vitality Health Check
AIA Vitality	Online assessments (AIA Vitality Age Assessment and Financial Wellbeing Assessment)
 Virgin Active Fitness First Goodlife Health Clubs	Fitness Assessments

Improve your health

Physical health		
 Virgin Active Fitness First Goodlife Health Clubs	30% off gym memberships	
• Garmin	Up to 25% off	
Allen Carr's Easyway To Quit Smoking	Free	
Dietitians Australia	70% off nutrition consultation	
Mental Wellbeing Benefit		
 Groov Moodflx Togetherall	Free	

Enjoy the rewards

 Virgin Australia and international alliance partners 	Up to 30% cashback on the base fare of eligible flights. Includes selected Qatar and United Airlines international flights.	
Active Benefits		
WoolworthsUberUber EatsiTunes and Apple Store	Google Play Participating AFL clubs*	\$5 reward voucher
 Black Dog Institute Cancer Council Diabetes Australia National Breast Cancer Foundation Forktree Project 	 Baker Heart & Diabetes Institute Ovarian Cancer Research Foundation 	\$5 donation
Commonwealth Bar		\$5 deposit

^{*} Collingwood and St Kilda

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